



INSPIRING POSITIVE CHANGE

# Emme Sanders

SPEAKER PACKET

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## ABOUT EMME SANDERS

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Emme Sanders is an award-nominated hygiene educator with 30 years of leadership expertise, dedicated to transforming dental workplace dynamics. As a sought-after speaker, coach, and author of [Welcome to Work: Inspiring Positive Change in the Workplace](#), Emme empowers teams to achieve lasting collaboration and productivity.

She serves as [Lead Productivity Coach](#) with [Inspired Hygiene](#) and is an active member of [SCN](#), [ADPA](#), and [ADMC](#). A passionate advocate for teamwork, Emme is also the [Co-founder of COLLABricon](#), a premier event inspiring breakthroughs in dental team synergy.



# PRESENTATIONS

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## 01 Welcome to Work: Inspiring Positive Change in the Workplace (Workshop or Keynote)

In today's busy dental environment, teams need more than motivation — they need connection, clarity, and shared purpose. Based on the book Welcome to Work: Inspiring Positive Change in the Workplace, this session helps dental professionals rediscover what it means to show up fully — with intention, integrity, and impact.

### You'll learn to:

- **Identify behaviors that build (or break) trust and morale**
- **Foster psychological safety and belonging**
- **Use positive communication strategies that inspire responsibility**
- **Reignite engagement and enthusiasm**
- **Create a personal "Welcome to Work" action plan**



## 02 Hygiene Department Pain Points: Transform Stress into Success

Is your hygiene department a pain in your assets? Identify what's holding you back and solve it—together. Through humor, collaboration, and strategy, this session reveals four shifts that reduce stress and increase profitability.

### You'll learn to:

- **Track and improve four hygiene profitability metrics**
- **Reduce cancellations and re-energize your schedule**
- **Strengthen communication and co-diagnosis**
- **Empower your team to achieve balance and growth**

## 03 Unchain Your Periodontal Potential: The Future of Periodontal Therapy

Gone are the days of scraping and hoping. Learn to integrate advanced diagnostics, AI-assisted data, and modern therapies that revolutionize patient care and outcomes.

### You'll learn to:

- **Incorporate bacterial testing into modern perio care**
- **Explore Desiccation Shock and hydrogen-peroxide adjuncts**
- **Understand AI's impact on diagnosis and outcomes**

## 04 Perio Diagnosis Made Simple: Turning Confusion into Calibration

Simplify your perio protocols, streamline team communication, and elevate outcomes. This course helps teams identify growth opportunities, create alignment, and achieve hygiene profitability without burnout.

### You'll learn to:

- **Calibrate your team on periodontal disease and co-diagnosis**
- **Foster psychological safety and unified standards**
- **Develop your team's calibration success plan**





**05 Powerful Partnerships: Building Dentist–Hygienist Synergy for a Thriving Practice**

Powerful Partnerships: Building Dentist–Hygienist Synergy for a Thriving Practice

**You'll learn to:**

- Leverage the first 20 minutes of hygiene visits for case success
- Use technology to boost diagnosis and acceptance
- Calibrate treatment philosophy as a team
- Engage patients through confident communication

**06 Oral Cancer: Do or Die — Can You Believe Your Eyes? (Workshop)**

Oral cancer is the only cancer still on the rise. This session exposes hidden risks, early detection, and how to have courageous conversations with patients.

**You'll learn to:**

- Use the latest detection tools
- Communicate confidently about HPV and oral sex
- Create an in-office oral cancer screening plan

**07 That's Hot! Real Talk About Inflammation (Workshop)**

Systemic inflammation is at the root of chronic disease—and it often begins in the mouth. Discover how oral inflammation impacts cardiovascular health, diabetes, and beyond.

**You'll learn to:**

- Recognize inflammatory mediators and their systemic effects
- Discuss oral/gut health relationships
- Refine periodontal diagnosis and treatment planning
- Translate science into actionable steps





### 08 Elevate Your Communication: Transform Conversations, Transform Care (Workshop)

Tired of patients tuning out your recommendations? Learn modern behavior-based communication techniques that inspire trust, compliance, and better outcomes.

#### You'll learn to:

- Understand how beliefs shape behavior
- Motivate patients to "own their disease"
- Apply transformational language in daily care
- Harness communication power for lasting impact

### 09 COLLABricon: The Ultimate Team Synergy Experience

When dental teams learn together, they grow together. This interactive session brings the COLLABricon philosophy to life, helping practices strengthen communication and create lasting team alignment.

#### You'll learn to:

- Identify barriers that block collaboration
- Practice frameworks that build trust and unity
- Apply Emme Sanders' "AgreePact™" for accountability
- Transform meetings into meaningful action





# Hands-On Experiences



## 10 Unleash the Power of Ultrasonics (Hands-On Experience)

Take your clinical confidence to new heights. Explore piezo and magnetostrictive technology to enhance ergonomics and outcomes.

### You'll learn to:

- Understand the science supporting ultrasonics
- Match tips and inserts to applications
- Integrate ultrasonics into daily practice
- Improve patient comfort and outcomes
- Care for your equipment

## 11 Beat the Biofilm Blues: The Next Generation of Periodontal Therapy (Hands-On Experience)

Explore the latest evidence-based methods for managing biofilm both clinically and at home.

### You'll learn to:

- Understand the science of air polishing and ultrasonics
- Treat peri-implantitis effectively
- Integrate hydrogen peroxide and homeopathic options
- Identify appropriate air-polishing applications

## 12 Oral Bacterial Invasion: Killing Bacteria That Cause Infection and Disease (Hands-On Experience)

Modern periodontal care requires bacterial intelligence. Learn to target and disrupt pathogenic biofilm for superior outcomes.

### You'll learn to:

- Identify pathogenic bacteria in periodontal infections
- Implement bacterial testing
- Apply Guided Biofilm Therapy
- Master adjunctive therapies



## TESTIMONIALS

The courses was really informative and educational. Our whole team learned a lot from Emme and was super helpful in problem solving in our office. She helped with Team work, achieving Goals, work relationships, and communication.

Audrey R.

Emme was so wonderful! I loved how she was very personal and engaging with our team. I appreciated that she provided us with the best possible resources and solutions she could give our office

Shannon P.

Emme made us feel supported and motivated to reach our goals. She is knowledgeable, patient, and truly passionate about helping her clients grow. I've learned about so many techniques and gained confidence in my skills because of their guidance. If you're looking for someone who will go above and beyond to help you succeed in dental hygiene, this is the coach you want by your side. Highly recommend!

Bryce C.