



Is Your Practice Ready for Assisted Hygiene?

A Quick Assessment by Emme Sanders

How to Use This Assessment

Answer each question with:
Yes / Somewhat / No

- Yes = 2 points
- Somewhat = 1 point
- No = 0 points

At the end, total your score to see your readiness level.



Section 1: Mindset & Leadership

- Our leadership team is open to changing how hygiene is currently delivered.
- We believe we can improve capacity without sacrificing quality of care.
- Our team is willing to learn something new –even if it feels uncomfortable at first.
- We are committed to solving the hygiene shortage proactively (not just hiring reactively).

Section 2: Team Structure

- We have at least one dental assistant who could be dedicated to hygiene.
- Our assistants are coachable and open to expanding their role.
- Our hygienists are open to working in a more collaborative model.
- Our team communicates respectfully and works well together.





Section 3: Systems & Communication

- We currently use clear systems for patient handoffs between team members.
- Our clinical notes and communication are consistent and thorough.
- Our doctor exams are efficient and don't disrupt hygiene flow.
- We are open to implementing written handoff systems or checklists.

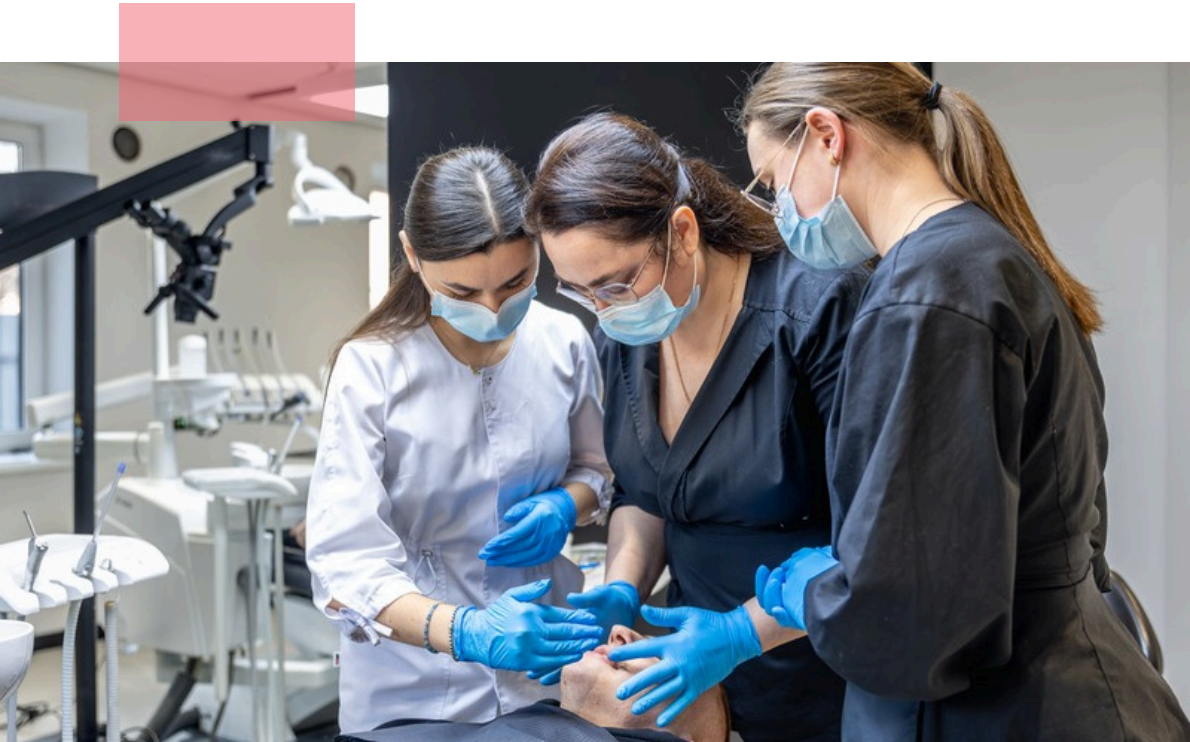
Section 4: Scheduling & Capacity

- We have consistent hygiene scheduling blocks (not constant last-minute changes).
- We are not shortening appointments just to fit more patients in.
- We have patient demand that exceeds our current hygiene availability.
- We are willing to redesign our schedule to improve flow.



Section 5: Training & Accountability

- We are willing to invest time in training before expecting results.
- We would commit to regular team meetings to refine the system.
- We are open to feedback and making adjustments along the way.
- We understand that “slow and steady” leads to long-term success.



Your Score

S C O R E

A⁺

32–40: Ready to Launch

Your practice is in a strong position to implement assisted hygiene successfully. With the right structure and guidance, you can begin building your model now.

20–31: Almost There

You have a solid foundation, but a few key areas need alignment. With some focused adjustments, your practice could be ready very soon.

0–19: Build the Foundation First

Before implementing assisted hygiene, your practice would benefit from strengthening communication, systems, and team alignment.



Your Next Step

If you're serious about:

- Increasing hygiene capacity
- Reducing team stress
- Serving more patients without hiring another hygienist

...it starts with a clear, customized plan.



Want Help Interpreting Your Score?

Every dental practice is different, and collaboration challenges often show up in subtle ways. If you'd like help understanding what your results might mean for your team, I invite you to connect with me. **Schedule a call with me** and share your score, and I'll help you think through what might be happening in your practice and where stronger alignment could make the biggest difference.

Schedule a Discovery Call with me on:

EmmeSandersRDH.com